

A portrait of Michelle Loch, a woman with long brown hair and blue eyes, smiling. She is wearing a black textured top and a light-colored patterned blazer. The background is a soft, out-of-focus grey.

MICHELLE LOCH

SPEAKER, FACILITATOR,
MASTER TRAINING



THE NEUROSCIENCE
OF LEADERSHIP,
SELF-LEADERSHIP
AND WELL-BEING

Introducing



... MICHELLE LOCH

Michelle is a well-known Thought Leader, Speaker, Author, Coach and Mentor who is passionate about Leadership and Conversational Mastery.

She is an expert in Neuroleadership, an emerging field of study that takes the latest in social cognitive neuroscience and applies it in a practical way to the art of leadership. Her specific expertise is in the neuroscience of human motivation, self-leadership and powerful conversation.

Michelle is a Master Certified Coach Coach with the International Coach Federation; Certified Conversational Intelligence Coach; Distinction qualified Mind Gym Coach; holds a Bachelors Degree in Education, Diploma in Teaching, and a Certificate of Neuroleadership, and is currently undertaking a Graduate Diploma in Psychology.

Michelle has been a teacher, a HR leader and a ballerina, and has devoted the last 20 years to developing Cultures of Substance ie, cultures that work for humans..





Michelle's THOUGHT LEADERSHIP



By harnessing the power of neuroplasticity, you have more influence over the thinking and behavioural habits of others (and of yourself) than we ever thought possible. This is at the core of Neuroleadership

It's about teaching leaders and teams how to navigate the complexity of human behaviour – their own and others - through the lens of neuroscience.

Michelle Loch

What problem does Michelle help solve?

It's true that humans are amazing, but they can be pretty hopeless too. We live in a socially sophisticated world with a primitive brain and it trips us up – often. Despite being well-intentioned, as humans we inadvertently engage in behaviour that is often counter to our desired outcomes – our INTENTION doesn't match our IMPACT.

Our 'primitive' brain drives us to make inaccurate assumptions, fall prey to misinterpretation, make unfounded judgements and are often 'deaf' to the perspectives of others – even when they are right (actually, especially when they are right). This is NORMAL HUMAN BEHAVIOUR, it's just not always that useful!

However, we have learned more about the human brain in the last 30 years than in all of history, and this new science is



providing us with new and more useful ways to think about how we communicate, engage, motivate and lead. This knowledge is no longer a 'nice to have' if we are to show up professionally and productively in our workplaces and in our lives.

Michelle's passion is to make this science fun, accessible and useful through simple and effective frameworks with a minimum of 'complicated theory'. She calls herself a neuro-translator. You will love what she can deliver for your audience and how they can provide their learning to both their personal and professional lives.

Three reasons to book Michelle

Pretty Funny

Michelle is entertaining, has a wicked sense of humour, and likes to have fun with the audience and get them involved!

1

PROFESSIONAL

- Michelle is easy to deal with and passionate about over-delivering and exceeding your expectations.

2

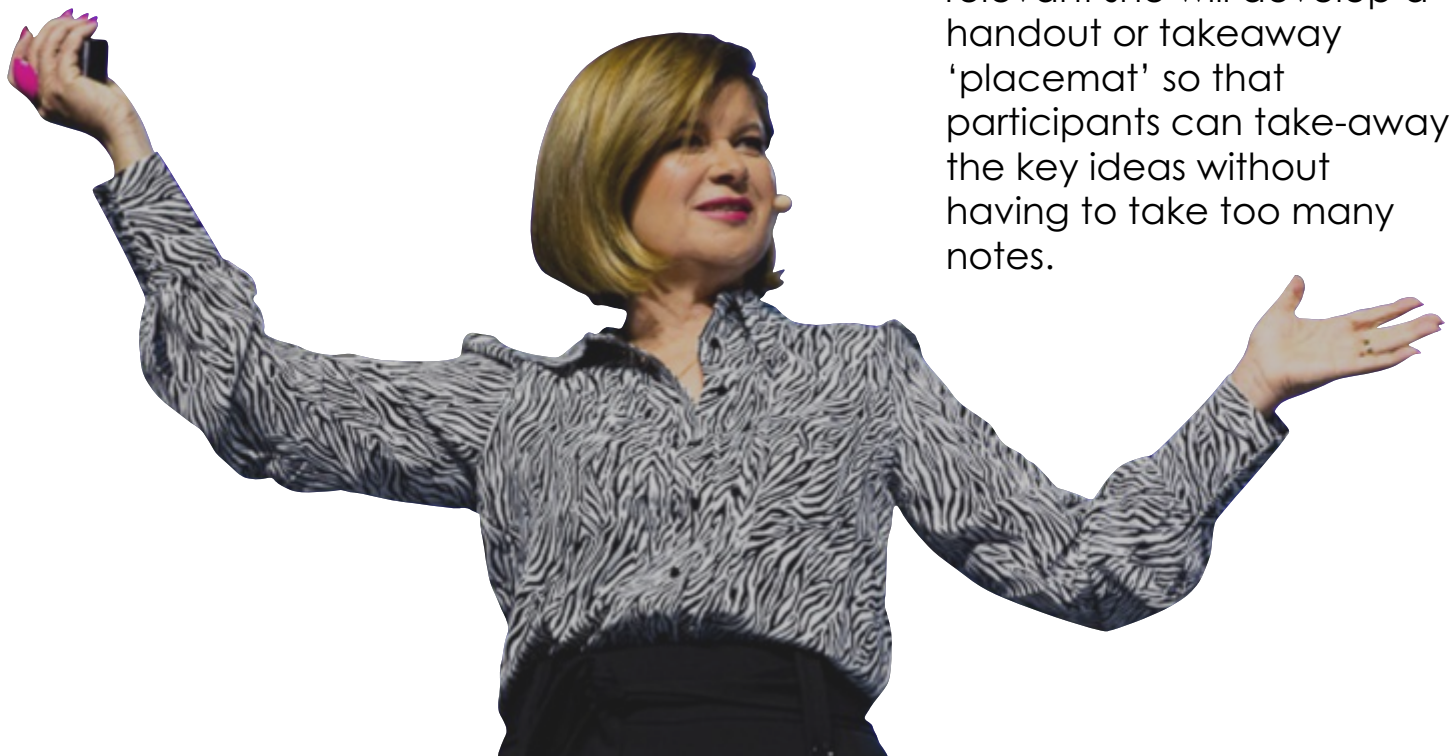
PRACTICAL

- Michelle provides 'real world' examples and stories to back up her 'real world' advice and strategies.

3

PERSONALISED

- Michelle works with you to tailor and personalise her content so that it aligns to the key focus and message of your event. Where relevant she will develop a handout or takeaway 'placemat' so that participants can take-away the key ideas without having to take too many notes.



Keynotes

Michelle is the CEO and Founder of Leading Humans, and creator of the '**Substance Leadership**' methodology and brings her practical strategies and frameworks to life in her keynotes. She speaks on the following neuroscience-based; human-centred topics and will tailor to align with your key messages.

Leadership and personal development
Culture change
Leader as Coach
Conversations that Count
Well-being
Psychological safety
Human Motivation
Collaboration and Teamwork

Sample topics of past keynotes:

Why humans do what they do – and what you can do about it!

Leading with Substance in a VUCA* world

From Well-Being to Well-Doing – what can you DO about creating well-being and psychological safety

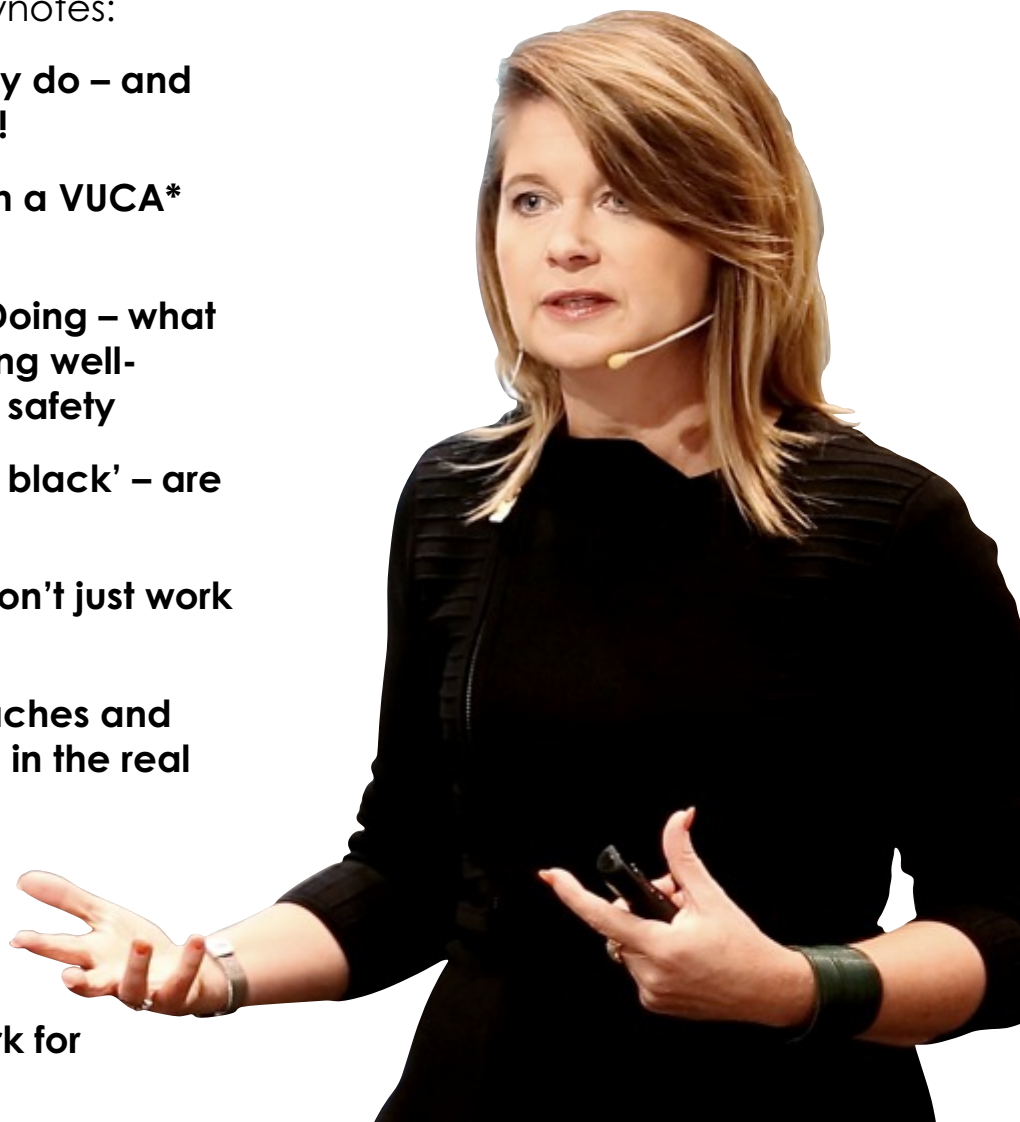
'Neuroscience is the new black' – are you wearing it?

How to 'Team;' - Teams don't just work – they need work

Why leaders must be coaches and what that actually means in the real world

How to have Conversations that Count

Cultures of Substance – creating cultures that work for humans!



* VUCA – Volatile, Uncertain, Complex, Ambiguous

Workshops and Expert Panels



The Q&A Panel Session with Michelle was terrific. I wish it could have gone longer, I could have listened all day!

Any of Michelle's content can be expanded to deliver masterclasses or workshops and she makes a great addition to any Q&A Panel - a great way to take the keynote messages and apply them to real life examples.



Author

Michelle's books include:

52 Weeks of Awesome Leadership

Your Brain is your Business

Soon to be released:

Waving not Drowning
Leading with Substance
Conversations that Count



People say ...

Michelle is the CEO and Founder of Leading “That was one of the best Leadership Breakfasts I have attended. Michelle was able to make me really inwardly reflect ... and unpack the approach to management I have taken over the years. Thanks for allowing me to hear such wisdom from Michelle Loch, amazing opportunity for self-reflection which I did in the session and have continued since. “

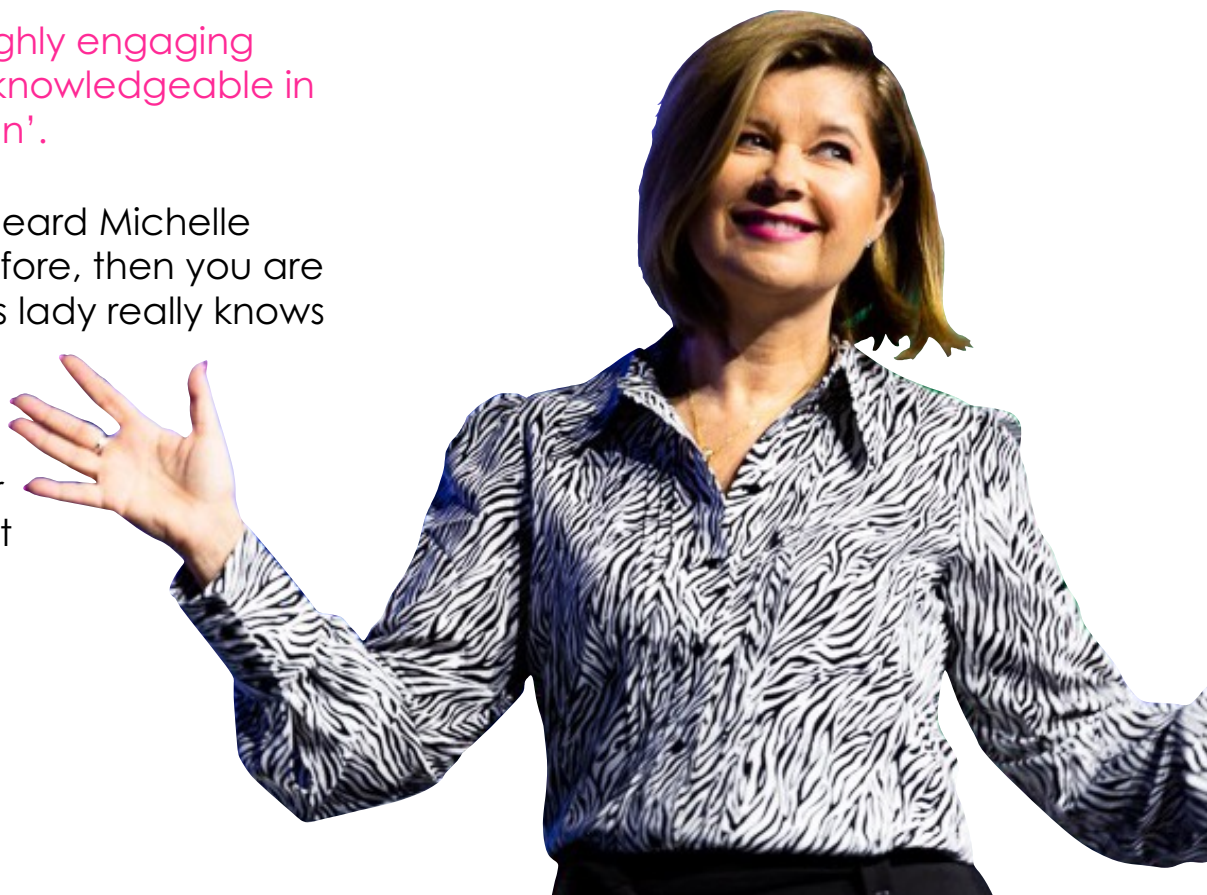
Michelle was highly engaging and extremely knowledgeable in all things 'human'.

“If you haven't heard Michelle Loch present before, then you are in for a treat. This lady really knows her stuff. Let her 'facilitate awesome' for you and your team - you won't look back.”

Michelle Loch is an extraordinary Thought Leader who brings energy to every audience as she cares passionately about helping people transform their lives. She was chosen specifically for our Annual Event this year knowing that Michelle is one to deliver powerful messages that create the shift for both business and life success!”

Michelle has an inane ability to draw people's imagination and help them to explore, visualize and dismantle their thought patterns and behaviors and to put them back together in a way that is exciting and creative and much easier to process and which ends up resulting in positive action.

Her speaking ability and engagement with her audience is outstanding and the content and delivery is interesting and relevant. This woman lights up the room with her effervescent personality, tenacity of spirit and genuine passion for what she is doing. I am looking forward immensely to her next event!







LEADING HUMANS

Michelle Loch

*rewiring the way
humans think,
lead and behave*

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